



Metropolitan Organization to Counter Sexual Assault

24 Hour Crisis Line:  
MO (816) 531- 0233  
KS (913) 642-0233  
www.mocsa.org

## Programs for Youth

*All programs include information on personal safety and risk reduction.*

**Teen Exchange Curriculum:** a comprehensive multi-session curriculum of the topics listed below. The curriculum focuses on identifying and developing healthy relationships and preventing sexual violence. Core topics include healthy relationships, sexual harassment, date and acquaintance rape, drug facilitated rape, dating violence, gender stereotypes and seeking help and/or resources for youth and others. An abbreviated Teen Exchange is available as a "Pick 3" format.

### **Prevention Presentations:**

#### **Sexual Harassment**

Students will learn about the different types of sexual harassment, the important difference between flirting, friendship and sexual harassment and what to do if they are being sexually harassed. NOTE: The school's sexual harassment policy can be easily incorporated into this presentation upon request.

#### **Date and Acquaintance Rape (Sexual Assault)**

Students will learn the definitions of sexual assault, date and acquaintance rape. Additional topics include dating rights, consent laws, drugs used to facilitate rape, and commonly accepted myths about rape. Safety, prevention, and resource information will also be discussed.

#### **Healthy and Unhealthy Relationships**

Students will learn the differences between healthy and unhealthy relationships by examining personal relationships. Discussion focuses on communication, respect, personal rights and setting personal boundaries.

#### **Dating Violence**

Students will learn about the cycle of violence and power and control in abusive relationships. Discussion topics include identifying the warning signs of dating violence, safety strategies and how to support a friend in an abusive relationship.

#### **Drug Facilitated Rape**

Students will learn the common drugs used to facilitate rape, including their origin, characteristics, symptoms and side effects. Consent laws and the consequences of possessing and administering date rape drugs to another person will also be covered. Safety information for themselves and their friends and family will also be addressed. \* Available only in multi-session curriculum or in conjunction with other topics.

#### **Gender Stereotypes**

Students will learn the definition and concepts of gender stereotypes, and how they perpetuate sexual violence. Discussion topics will include the role the media plays in creating and reinforcing gender stereotypes and the myths that accompany them. Group activities will support discussion about the messages youth hear regarding what it means to "be a man" and to "be a lady." \* Available only in multi-session curriculum or in conjunction with other topics.

#### **Media Safety**

Further exploration will focus on how sexual violence can be further perpetrated through internet sites such as Facebook and Twitter and other media outlets. Students will discuss forms of internet harassment including cyber bullying and sexting and safety tips to reduce on-line vulnerability. MOCSA youth educators are certified "i-SAFE" curriculum trainers, and use this curriculum in conjunction with modules from the Teen Exchange program.

**For more information, or to schedule a presentation, please contact the Coordinator of Education and Outreach Services at [youthed@mocsa.org](mailto:youthed@mocsa.org) or (816) 285-1373.**

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