Trauma is a lifelong journey, but I will not let it get in the way of what I want.

— Lindsey, Survivor
Dear Friends,

It’s spring in Kansas City and this year, more than ever before, spring brings with it a sense of hope and optimism. With warmer weather, vaccines more readily available and a decline in cases, we are starting to see the light at the end of the tunnel and a return to our lives together.

Thanks to you, MOCSA has continued to be there for survivors and our community. Because of your generosity, and the strength and hard work of our staff, board, volunteers, and partners, we have come through the last year more confident and resolute in our mission. MOCSA has continued to provide the hope and healing that survivors and their loved ones deserve. Our shared challenges aren’t over. There are many unknowns ahead in 2021, but we want to thank you now.

Because of your support, we are proud to share that while we had to pivot many of our services in 2020 to a virtual format, we have continued to fulfill our mission to improve the lives of those impacted by sexual abuse and assault and prevent sexual violence in our community. Thanks to you and your financial gifts, we are proud to show you in the next few pages what you have helped us achieve, despite all we’ve struggled through together.

Thank you for helping ensure the stability of MOCSA’s mission and services over the last 45 years and into the future.

With gratitude,

Julie Donelon
President & CEO

Josh Rowland
Board Chair

MOCSA exists to improve the lives of those impacted by sexual abuse and assault and to prevent sexual violence in our community.
Financial Overview

### 2020 REVENUES

<table>
<thead>
<tr>
<th>Revenue Source</th>
<th>2020 unaudited</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Grants &amp; Fees</td>
<td>$4,033,056</td>
<td>$3,930,233</td>
</tr>
<tr>
<td>Foundations &amp; Corporations</td>
<td>788,863</td>
<td>736,332</td>
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<tr>
<td>Special Events</td>
<td>456,254</td>
<td>576,499</td>
</tr>
<tr>
<td>Individuals/Organizations</td>
<td>272,501</td>
<td>122,686</td>
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<tr>
<td>In-kind Donations</td>
<td>193,846</td>
<td>182,544</td>
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<tr>
<td>United Way</td>
<td>120,692</td>
<td>267,237</td>
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<tr>
<td>Other</td>
<td>23,021</td>
<td>5,884</td>
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<tr>
<td>Purchase of Service</td>
<td>-</td>
<td>31,218</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$5,888,233</strong></td>
<td><strong>$5,852,633</strong></td>
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</tbody>
</table>

MOCSA follows Generally Accepted Accounting Principles (GAAP). GAAP requires certain grants to be recorded as revenue when received, which means revenues may be recognized in a different year than the actual expenses occur. Financials are audited by BKD, LLP, Certified Public Accountants. A full audit report on the 2020 financials is expected to be completed in July 2021 and will be available upon request.

### 2020 EXPENSES

<table>
<thead>
<tr>
<th>Expense Category</th>
<th>2020 unaudited</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counseling</td>
<td>$1,926,138</td>
<td>$1,956,223</td>
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<tr>
<td>Education</td>
<td>976,408</td>
<td>1,140,132</td>
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<tr>
<td>Advocacy</td>
<td>1,491,822</td>
<td>1,358,122</td>
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<td>Fundraising</td>
<td>532,579</td>
<td>524,964</td>
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<tr>
<td>Management &amp; General</td>
<td>925,765</td>
<td>791,111</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$5,852,712</strong></td>
<td><strong>$5,770,552</strong></td>
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</tbody>
</table>

### GOVERNMENT FUNDING SOURCES

- Federal Victims of Crime Act from Kansas and Missouri
- Sexual Assault Services Program in Kansas and Missouri
- Federal Office on Violence Against Women
- Federal STOP Violence Against Women Act from Missouri
- Kansas and Missouri Federal Sexual Violence Prevention and Education Fund
- Kansas State General Fund
- Jackson County Community Children’s Services Fund
- Jackson County Family Court
- Kansas Protection from Abuse Fund
- Missouri Department of Social Services – Sexual Assault Services Contract
- Missouri Department of Social Services – Children’s Justice Act
- Missouri Department of Health and Senior Services
- Jackson County Community Mental Health Fund
- Jackson County COMBAT Fund
YOUR SUPPORT HELPS SURVIVORS LIKE SAM.

Sam* is an assault survivor who was struggling with depression and anxiety which had overwhelmed their capacity to cope. They attended a virtual session with their partner and a MOCSA counselor. The counselor provided education on the physiological effects of trauma, and Sam later shared that this session was helpful in improving relationship dynamics, and their partner now has a better understanding of how to support them at home.

Sam has also learned how to be gentler with themself, and they’re learning how to create space for and honor strong feelings and emotions. When Sam started services at MOCSA, they were struggling to maintain a job and felt guilt and shame because of this. Now, through dedication and hard work, they have a full-time job!

They report anxiety and trauma symptoms have been more manageable, they have an increased ability to communicate their needs, set and maintain boundaries, and practice coping skills. All of this amazing progress has been accomplished because of their determination, resilience and strength.

*Name and details changed to protect confidentiality

24-HOUR CRISIS LINE
816-531-0233
913-642-0233

4,730 crisis line calls in 2020—that’s 13 calls for help every day!
98% of callers said the crisis line service was helpful to them.

By the Numbers

COUNSELING

Evidence-based Treatments
Individual Counseling (in person and telehealth)
Group Counseling (in person and telehealth)

1,110 individuals received therapy — that’s 21 new clients each week!
86% of adult survivors surveyed had a decrease in trauma symptoms scores by their final session.

ADVOCACY

Hospital Walk-in Support
Law Enforcement Court
Title IX Personal

1,107 individuals received advocacy services including 550 specifically for hospital advocacy.
99% of survivors surveyed reported advocacy services were helpful to them.

EDUCATION & PREVENTION

Project Aware
Green Dot
Strength Club
Community Education
Professional Training

20,781 youth received prevention and awareness services.
10,742 adults received prevention and professional training.
94% of students reported they know at least one thing they can do to prevent or reduce the risk of sexual violence.
In 2017 I became a volunteer hospital advocate for MOCSA where I get to be with survivors while they go through their forensic exam. I never had anyone by my side after an assault and so now I show up. I am there during a time that is often full of fear and loneliness for survivors – fear and loneliness that I am all too familiar with.

For a long time I didn’t realize how much the sexual abuse I experienced had impacted my life. I tried to have relationships, but men were not to be trusted. Even when I met my husband I was not ready to know and receive love. In 2010, nearly 20 years after my first assault, I decided to tell him my story and I knew it would change me, and our lives together, forever.

I have a lot of wishes for myself all those years ago; I wish I could have had the strength to say no, to run, to ask for help. I wish I’d had access to services like MOCSA’s. Every day I fight my fears, and the little 8-year-old girl who was scared to speak up is becoming the woman my trauma never let her be.

I now have a young daughter who is exploring her body, her emotions and her confidence. And I wonder if I’m creating a safe space for her to talk to me. I tell her every day that she is enough, she is beautiful, she is strong, and she is in control of her body. Every day I work at it, because my trauma is a lifelong injury, but I will not let it get in the way of what I want for me and my family. I know that I am not alone. I have learned that each day requires one breath, one step and one act of courage to move forward.
Tahir Atwater's passion for working with kids spans more than a decade, and he is currently the Director of Donor and Volunteer Engagement at Jackson County CASA. He became a volunteer with MOCSA in 2013 after hearing a presentation about MOCSA's programs and volunteer opportunities. He was working at Big Brothers Big Sisters KC then and recalls thinking, “this must be really difficult to recruit men for.” But knowing that sexual violence is not just a women’s issue, Tahir stepped up.

He became a group facilitator of MOCSA's Strength Club leading weekly discussion groups with grade school and high school aged students. They talked about anti-bullying, gender and sexuality stereotypes, preventing abuse, and fostering healthier views of the opposite sex. He recognizes a lot has changed with the #MeToo movement and is more hopeful today about shifting conversations among kids and their peers.

Tahir also has a passion for diversity, equity, and inclusion and has worked with several organizations throughout the city. In September 2020, he conducted a workshop with MOCSA staff and facilitated discussion about saviorism, allyship, and intention vs. impact.

Tahir commends MOCSA for its cultural humility and intentional focus on making services accessible to survivors and families throughout the community. He shares, “I want everyone who reads this to feel pride and know that they are important partners in MOCSA's mission.”

“Sexual violence isn’t just a women’s issue.”
Every year in April for Sexual Assault Awareness Month (SAAM), MOCSA honors survivors, supporters, volunteers, service providers, and community advocates by recognizing their experiences, contributions, and efforts to end and prevent sexual assault and abuse. In 2020, the SAAM theme was “My moment. Our momentum.” By acknowledging the individual accomplishments that propel the anti-violence movement, we can support an on-going movement that prevents sexual violence and changes our culture to one where survivors are believed and supported, perpetrators are held accountable, and everyone is safer.

MOCSA’s StoryShare project launched in the spring of 2020 as part of SAAM and stories were shared throughout the year from volunteers, clients, community members, staff, and others who are inspired or impacted by MOCSA’s mission.

KKFI is a local independent, community radio station, who partnered with MOCSA to make this project a reality. They provided recording space and a production engineer to help us produce eight audio stories. Additionally, they shared the stories on air as part of their programming and created a podcast page for the stories reach a wider audience.

Thanks to KKFI’s Bill Sundahl and Ashley Chantal, as well as 2020 StoryShare contributors: Audrey Yazell, CiCi Glasgow, Debbie Frederiksen, Ellen & Sadie, Jennifer Green, Jessi Bixler, Julie Donelon, Kelsey Saragnese, Kevin Fitzpatrick, Kim Hollister, and an anonymous survivor.

Listen to StoryShare

Together we can create a community free from sexual violence – thanks to community partners, like KKFI.

...can start a movement.
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Thanks to you 35,363 individuals received MOCSA services in 2020!

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Virginia Sweetser was a friend, colleague, mentor, counselor, and a combat veteran. She had been with MOCSA for 10 years—starting as a volunteer, then working as an intern while earning her master's degree in social work, and then becoming a therapist. Virginia specialized in sand tray therapy and wrote her master's thesis on it.

Her passion for supporting victims of violent crime began as a child when her parents founded a nonprofit for victims and families in Vermont. She moved to Kansas City for graduate school and that's when she discovered MOCSA. In a 2020 interview for the Sexual Assault Report, Virginia shares her initial reaction to MOCSA's vision to end sexual violence. "When I first heard that I thought, 'Wow! That seems really big.' But then I stopped myself and asked whether it was big or whether my reaction was more of a reflection of social conditioning. Ending sexual violence no longer seems unattainable."

Virginia's commitment to that vision had significant impact. She made a difference in the lives of countless people and survivors. She will be deeply missed and remembered always.

Ending sexual violence no longer seems unattainable.