Programs for Persons with Developmental Disabilities

**MOCSA’s Healthy Boundaries Series** is offered in four consecutive sessions or as single session presentations. Each session offers information on personal safety and risk reduction. Presentations are approximately 30-45 minutes, free of charge, and available in English or Spanish.

**Healthy and Unhealthy Relationships**
Participants will learn the differences between healthy and unhealthy relationships by examining the characteristics of various personal relationships. Discussion focuses on identifying key components of healthy relationships and how to seek help if in an unhealthy relationship.

**Workplace and/or Community Living Boundaries**
Participants will learn about the different types of sexual harassment, appropriate workplace/community living boundaries and behaviors, and what to do if they are being sexually harassed. Workplace or Community Living policies can be incorporated into this presentation.

**Safe Touches**
Participants will learn about safe and unsafe sexual behaviors including the definition of sexual assault. Additional topics may include dating rights, laws, and drugs used to facilitate rape. Safety, prevention, and resource information will also be discussed.

**“The Whole Truth”**
MOCSA shows a 30 minute video written by Dave Hingsburger and Joe Jobes, “The Whole Truth,” starring persons with disabilities who encounter an unsafe person in their group home. Participants will follow the characters as they identify and seek help for protection from abuse. Following the video is a discussion of the video and an overview of MOCSA’s Healthy Boundaries series.

*For more information, or to schedule a presentation, please contact the Coordinator of Education and Outreach Services at youthed@mocsa.org or (816) 285-1373.*